

Enquiry Pack



Please click on a venue below to find more specific information

General Information

[Mitcham Centre Info CR4 3TD](#)

[Wimbledon College Info SW19 4NS](#)

[Perseid Lower School Info SM4 5LT](#)

dolphinswimacademy.co.uk

0208 6404 488

info@dolphinswimacademy.co.uk

Welcome

Welcome to Dolphin Swim Academy, Thank you for your enquiry

Dolphin Swim Academy was founded in 1988 teaching Swimming Lessons at our hired venue Wimbledon College and we have been teaching children to swim here ever since. We hire Wimbledon College pool Monday-Saturday for children aged 3 years and above until competition Swimming. Wimbledon lessons run term time only. Please find more information regarding our Wimbledon venue below.

In 2001 we opened our very own facilities in Mitcham. Our Mitcham Centre is a specifically designed hydrotherapy pool heated to 33 degrees enabling us to teach children from birth at a comfortable temperature for all. Our Mitcham Centre is open 7 days from 9.00am-7.00pm for children from birth until completion of our DSA Stage 3 Level. Our Mitcham Centre is open all year round only closing for bank holidays, Easter weekend and Christmas. Please find more information regarding our Mitcham Centre below.

In April 2023 we took on additional hired venue Perseid Lower School in Morden which is also a specifically designed hydrotherapy pool. We hire Perseid School on a Thursday and Sunday for children aged 3 years and above DSA Stage-DSA Stage 3 Level. Perseid lessons run term time only. Please find more information regarding our Perseid venue below.

Private Customer parking

We offer free onsite parking at our 3 venues Mitcham Centre, Wimbledon College and Perseid Lower School Morden.

No Fixed Contract

Dolphin Swim Academy operates on a rolling contract basis, providing you with flexibility and peace of mind. There are no long-term commitments or hidden clauses in our terms and conditions.

Please see a link for our terms and conditions below.

[Terms and conditions](#)

Pay Monthly by Direct Debit

Upon booking you will be sent an invoice for the day, time and venue you have been booked into and you will have the option to either make payment for the term in full or set up a monthly direct debit using Go-Cardless. Once your direct debit has been set up we will link your invoice to your direct debit and charge your invoice accordingly.

If you decide to pay by Direct debit your invoice will be split into equal monthly payments depending on how many months are in that specific term. Direct debit payments are usually taken on or around the 1st of each month if you wish to change your payment due date you will need to email the office.

Once booked in you will automatically be booked into future terms guaranteeing your existing day and time of swim as an existing customer. Should you wish to change the day, time or venue of your lessons your space will not be guaranteed.

You can cancel your booking at any time by giving 1 month's notice. We will work out how many swims you have had or will have and amend your invoice accordingly.

Paying in Full

Upon booking you will be sent an invoice for the day, time and venue you have been booked into and you will have the option to make payment for the term in full.

Your invoice will have a payment due date if payment has not been made by this date you will be at risk of your booking being cancelled.

Once booked in you will automatically be booked into future terms with an invoice for that specific term emailed to you with a payment due date. If payment in full has not been made by the due date you will risk your booking being cancelled. Should you wish to change the day, time or venue of your lessons your space will not be guaranteed.

If you wish to cancel your booking during the existing term we will not issue a refund for any sessions that you will miss.

Swimming Caps

All children over the age of 3 years old are required to wear a Swimming Cap. Each of our levels from DSA Stage 1-PRE-CLUB have a different colour Swimming cap which is compulsory to wear for both safety and hygiene reasons. We sell Swimming caps at £5.00 per cap and you have the option of cloth or latex caps.

0-3 Years old- No cap required

DSA Stage 1- White Cap

DSA Stage 2- Red Cap

DSA Stage 3- Orange Cap

DSA STAGE 4- Purple Cap

DSA Stage 5- Yellow Cap

DSA Stage 6- Green Cap

PRE-CLUB- Blue Cap

Certificates

When children are moved from 1 ability to the other you will receive a certificate by email for the passing of the previous level.

Photography/Videos

All 3 of our venues have a NO photography or video policy in place. Anyone found to be taking photo's or recording

Staff Qualifications

All of our teaching staff are fully qualified Swimming Instructors and have also completed a lifesaving qualification which includes first aid and life saving skills. The lifesaving qualification is valid for 2 years and is a compulsory requirement at Dolphins. We also run regular staff training sessions to keep the staff up to date with life saving techniques etc.

Mitcham Centre

Address

Unit 16 Boundary Business Court
92-94 Church Road
Mitcham
Surrey
CR4 3TD

Opening Hours

Monday 9.30am-7.15pm
Tuesday 9.00am-7.15pm
Wednesday 9.30am-7.15pm
Thursday 9.00am-7.15pm
Friday 9.00am-7.15pm
Saturday 8.00am-5.00pm
Sunday 8.00am-7.00pm

About our Mitcham Centre

Dolphin Swim Academy's Mitcham location offers premium, tailored swimming classes from birth. Our specifically structured programme fosters essential life skills for both you and your child. The dimensions of our Mitcham pool is 8m x 3m with a depth of 1.2m.

For your peace of mind, our Mitcham pool is cleaned and chemically tested at least four times daily. We also offer heated changing rooms, poolside heating, and a soft play area to ensure a comfortable and enjoyable experience for your child.

Our purpose-built Mitcham/Colliers Wood center allows us to maintain the highest standards of cleanliness, with total control over the facilities and pool. The building also features a state-of-the-art air extraction unit for optimal air quality.

Pool Temperature

Our pool facilities at Mitcham are heated to a comfortable 33 degrees, with further heating provided throughout the building. This ensures that your child can enjoy their swimming experience without feeling cold and there is no need to spend extra on a wetsuit.

Parent & Baby classes (0-3 Years Old)

Our Parent and baby swimming lessons enhance water confidence and vital life-saving skills. They also boost physical and emotional development, strength, balance, and coordination. Additionally, our parent-baby classes provide an excellent opportunity for bonding and social interaction.

You can join our classes at any time, regardless of previous swimming experience. Our instructors will guide you through each routine, gently adapting to your child's needs and ensuring their comfort.

Sadly, drowning is the third-biggest cause of accidental death among children under five in the UK. At Dolphin Swim Academy, we've carefully designed our curriculum using global best practices to maximize your child's physical development and teach them fundamental swimming skills.

Our parent and baby classes foster a fun and enjoyable experience through games, play, and simple instructions. This helps babies gain confidence in the water, learning to jump in, reach safety, and climb out independently before the age of two.

Babies are born with remarkable abilities: they can instinctively hold their breath underwater, swim towards the surface, and float unaided. At Dolphins, we introduce babies to the water as young as 8 weeks old – an age recommended by most medical bodies due to inoculations and inner ear development. At this age, babies readily adapt to warm water without fear or awareness, and their diving reflex is still active. Our focus is to train them to hold their breath and obey simple commands like "Ready – Go!", which quickly becomes associated with holding their breath.

As your baby progresses, they'll learn to hold on, turn, and propel themselves underwater towards their parent. From eight months old, they'll begin to show enjoyment by splashing, kicking, and blowing bubbles.

By one year, they can perform simple tasks like reaching and holding onto a bar, falling into the water from a small height, and swimming deeper underwater. Their cardiovascular system will be significantly stronger than that of non-swimming infants, and you'll likely notice their overall development on land – including appetite, sleep patterns, and general health.

Between one and eighteen months, their progress will be astonishing. They'll be able to be dropped into the water from above your head, recover, and surface with a smile! They can be thrown towards a floating mat, climb onto it, and then excitedly throw themselves back into the water with delight!

Our Parent and baby classes are split into 3 different levels. The classes are structured to the children's age opposed to their previous Swimming experience as the class.

PB-PRELIMINARY 0-1 years old

PC-INTERMEDIATE 1-2 years old

PC-ADVANCED 2-3 years old

DSA Stages 1-3 (3 years and above)

All of our classes for children over the age of 3 years old are teacher and child led. Parents are not allowed to enter the water with their children. We run classes from DSA Stage 1-DSA Stage 3 at our Mitcham Centre. From DSA Stage 4 will need to transition to our Wimbledon College location. Children will be moved into a Stage 3 class to begin with and will be tested by the pool manager to see if they are able to move into Stage 4.

DSA STAGE 1- (White cap) 3 years and above 0-5 metre Swimmer

DSA STAGE 2- (Red cap) 3 years and above 5-10 metre Swimmer

DSA STAGE 3- (Orange cap) 3 years and above 10-25 metre Swimmer

Soft Play

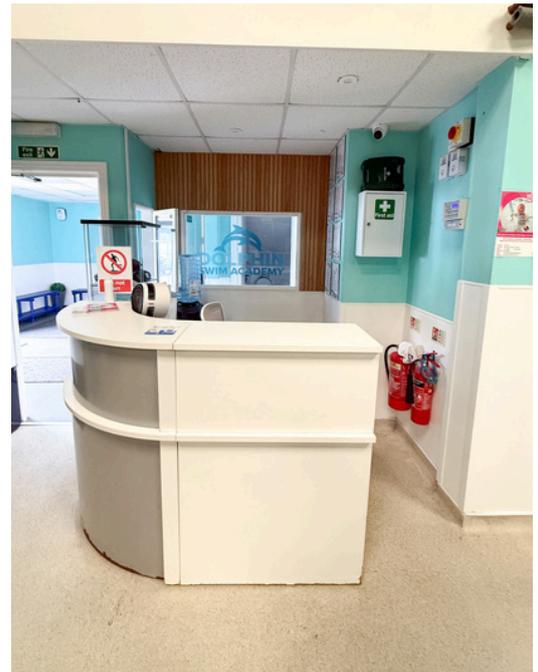
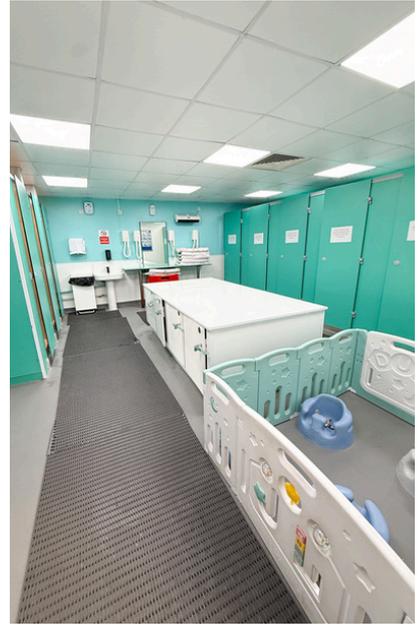
Please note that we have a small soft play area available at our Mitcham venue. Due to its size, it is only suitable for children up to 5 years of age and all children must be supervised at all times. You are welcome to use the soft play area before or after your lesson. However, we kindly ask that you consider the limited parking availability. If everyone stays to use the soft play area before or after their lessons, parking may become congested.

Term Dates:

https://dolphinswimacademy.co.uk/wp-content/uploads/2025/07/Mitcham-Term-Dates-Sept-Dec-2025_2.pdf

Book Now

<https://dolphinswimacademy.co.uk/book-now-sept-dec-2025-mitcham/>



Wimbledon College

Address

Wimbledon College Boys School
Edge Hill
Wimbledon
SW9 4NS

Opening Hours

Monday 5.00-7.30pm
Tuesday 5.00-6.00pm
Wednesday 5.00-6.00pm
Thursday 5.00-6.30pm
Friday 5.00-6.30pm
Saturday 8.30am-2.00pm

About Wimbledon College

Wimbledon College is a hired venue for Children aged 3 years and above from a complete non swimmer until they are ready for competition Swimming. Our structured programme and techniques will enable your child to become very confident in the water.

The dimensions of the Wimbledon College pool is 25m x 10m with a shallow end of 1m and a deep end of 2.7m.

Wimbledon College has 2 separate changing rooms for Male and Female customers and for safeguarding reasons all adults and children over the age of 8 will need to use the correct gender changing rooms.

Wimbledon College pool is regularly cleaned and tested by the schools site team ensuring full safety to all users at all times.

The temperature of the pool at Wimbledon College is always kept between 28-32 degrees.

DSA Stages 1-3 (3 years and above)

All of our classes for children over the age of 3 years old are teacher and child led. Parents are not allowed to enter the water with their children. We run classes from DSA Stage 1-PRE-CLUB

DSA STAGE 1- (White cap) 3 years and above 0-5 metre Swimmer

DSA STAGE 2- (Red cap) 3 years and above 5-10 metre Swimmer

DSA STAGE 3- (Orange cap) 3 years and above 10-25 metre Swimmer

DSA STAGE 4- (Purple cap) 3 years and above 25-50 metre Swimmer

DSA STAGE 5- (Yellow cap) 3 years and above 50-200 metre Swimmer

DSA STAGE 6- (Green cap) 3 years and above 200-600 metre Swimmer

PRE-CLUB- (Blue cap) 3 years and above 600 metre plus Swimmer

Term Dates

https://dolphinswimacademy.co.uk/wp-content/uploads/2025/07/Wimbledon-term-dates-Sept-Dec-2025_2.pdf

Book Now

<https://dolphinswimacademy.co.uk/book-now-sep-dec-term-2025-wimbledon/>



Perseid Lower School Morden

Address

Perseid Lower School
Bordesley Road
Morden
Surrey
SM4 5LT

Opening Hours

Thursday 4.00-6.00pm
Sunday 1.00-5.00pm

About Perseid Lower School

Perseid School is a hired venue for Children aged 3 years and above from a complete non swimmer until they have completed our DSA STAGE 3 Level. Our structured programme and techniques will enable your child to become very confident in the water.

The dimensions of the Perseid School is 10m x 5m with a shallow end 0.5m and a deep end of 1.4m.

Perseid School has 2 separate changing rooms for Male and Female customers and for safeguarding reasons all adults and children over the age of 8 will need to use the correct gender changing rooms.

Perseids pool is regularly cleaned and tested by the schools site team ensuring full safety to all users at all times.

The temperature of the pool at Perseid is always kept between 32-34 degrees.

DSA Stages 1-3 (3 years and above)

All of our classes for children over the age of 3 years old are teacher and child led. Parents are not allowed to enter the water with their children. We run classes from DSA Stage 1-DSA Stage 3 at Perseid Lower School. From DSA Stage 4 will need to transition to our Wimbledon College location. Children will be moved into a Stage 3 class to begin with and will be tested by the pool manager to see if they are able to move into Stage 4.

DSA STAGE 1- (White cap) 3 years and above 0-5 metre Swimmer

DSA STAGE 2- (Red cap) 3 years and above 5-10 metre Swimmer

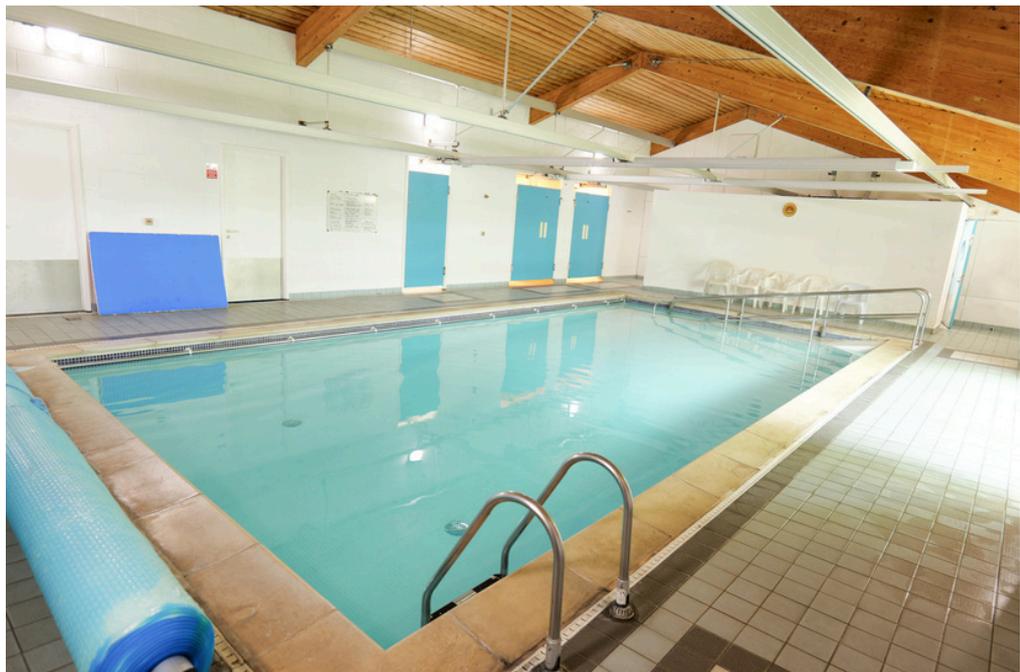
DSA STAGE 3- (Orange cap) 3 years and above 10-25 metre Swimmer

Term Dates

https://dolphinswimacademy.co.uk/wp-content/uploads/2025/07/Perseid-Term-Dates-Sept-Dec-2025_2.pdf

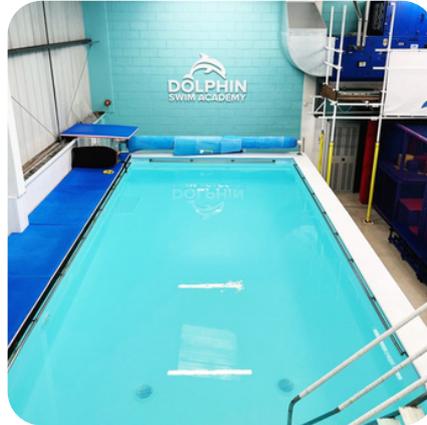
Book Now

<https://dolphinswimacademy.co.uk/book-now-sep-dec-2025-perseid-school/>



Our 3 Venues

Mitcham Centre
Unit 16 Boundary
Business Court
92-94 Church Road
Mitcham
CR4 3TD



7m x 4m
Parent & Baby
Levels 1-3
Half term - Intensive
Courses
Free Parking

Perseid Lower School
Bordesley Road
Morden
SM4 5LT



12m Graded depth
Levels 1-3
Free Parking

Wimbledon College
Edge Hill
Wimbledon
SW19 4NS



25m x 10m
Levels 1-6
Pre Club level
Free Parking

All venues have Free Parking, Toilet & changing facilities.

A 5-Star Swim Academy

We're delighted to announce that we've been recognized as one of the top swimming academies in the Mitcham & Wimbledon area. We're even more proud to have been featured in Baby London Magazine as one of the top 10 swimming schools in London!



If you would prefer to discuss your child's needs or have any questions you can contact us on:

- 0208 6604 488 at our Mitcham head office (9:30am-7pm Mon-Fri, 8am-7pm Sat-Sun)
- By Email - info@dolphinswimacademy.co.uk
- Webchat via our website: www.dolphinswimacademy.co.uk



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